



# Yoga-Mojo Yoga Teacher Training & Studies Program – YMYTT300/500



## YMYTT – RYT300 Application

Thank you for your interest in Yoga-Mojo Yoga Teacher Training & Studies Program (YMYTT300/500). Before completing the application: If you haven't taken a class with Loretta Jo, please take a class (in-studio or online) to ensure her style / method / communication works for you~ Attend a practice as a guest (no charge) or select a Yoga-Mojo Online Video on [VIMEO](#) and use promo code: YMGUEST at checkout. Loretta Jo is happy to address any questions you have about the practice of yoga and the YMYTT300 Program

Please complete this form and return to [LJ@yoga-mojo.com](mailto:LJ@yoga-mojo.com) or complete and send to Yoga-Mojo, 114 Ripplewater Lane, Cary, NC 27518

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Occupation: \_\_\_\_\_

Please note: all applicants must be a graduate of an RYT200 Program. Entry into this program will be based upon completion of this form

Please complete the following:

1. Describe your yoga practice. Please include the following information:

- How long you've practiced
- Style of practice
- Teachers you've studied / practiced

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2. Where did you receive your RYT200 training and who was the lead teacher?

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3. How has the practice of Yoga impacted your day-to-day life?

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4. Why do you wish to continue your studies and what are your goals for completing an advanced Yoga Teacher Training?

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5. How do you plan on using advanced teacher training in practice?

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6. What is your general/overall physical and mental health?

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7. How do you plan on using advanced teacher training in practice?

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8. Why did you choose Yoga-Mojo's RYT300 Program?

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9. What are your hobbies / interests?

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**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

***Thank you!***

*Upon receipt, your application will be reviewed, and you will be notified asap.*

*Yoga-Mojo recognizes the financial commitment to the YMYTT Program. Please advise of financial concerns or requesting considerations. Scholarships and Internships may be available and are considered on a case-by case basis. Upon acceptance, a **formal agreement** will be forwarded for your review and signature. This agreement will outline your commitment to the YMYTT both financially and physically.*

