



Yoga-Mojo Yoga Studies & Training Program (YMYST200)

YMYST - RYT200 Application



1127 Kildaire Farm Road – Cary – NC 27518

Thank you for your interest in Yoga-Mojo Yoga Teacher Training & Studies Program (YMYST). Before completing the application: If you haven't been to the Yoga-Mojo Studio or taken a class with Loretta Jo in studio/outdoors or online previously, please take a class to ensure her style / method / communication works for you~ Register for a live virtual or outdoor class at www.yoga-mojo.com. Recorded classes can be found online at [Yoga-Mojo Studio On-Demand](#) via VIMEO – Select “Rent One” and Use ‘YMGUEST’ promo code (no charge) at checkout. Loretta Jo is happy to address any questions you have about the practice of yoga and Yoga-Mojo Yoga Teacher Training (YMYST).

Please complete this form and return to studio@yoga-mojo.info or complete and send to Yoga-Mojo Studio, 114 Ripplewater Lane, Cary, NC 27518.

Name: _____

Address: _____

Phone: _____

E-mail: _____

Please complete the following:

1. Describe your yoga practice. Please include the following information:

- How long you've practiced
- Style of practice
- Studios you practice
- Teachers you've studied / practiced

2. What brought you to yoga?

3. Why did you choose Yoga-Mojo's Yoga Training & Studies Program?

4. What are your goals for completing a Yoga Teacher Training?

5. Do you have any concerns regarding the program?

6. What are your hobbies / interests?

Thank you!

Yoga-Mojo recognizes the financial commitment to the YMYST Program. Please advise of financial concerns or requesting considerations. Scholarships and Internships may be available and are considered on a case-by case basis. Upon acceptance, a formal agreement will be forwarded for your review and signature. This agreement will outline your commitment to the YMYST both financially and physically.

